



CPPP Referral form

To:
Chartered Physiotherapists

From: _____

Patient Name: _____

Address: _____

Home Tel: _____
Mobile: _____
Date of Birth: _____

Presenting Complaint: _____

PMhx: _____ Meds: _____

Investigations (scans, bloods etc): _____

Additional information: _____

Please send report via Post Email Phone

Signed:



Advice for your visit

- Please bring your referral from your GP if you have one and any scans or x-rays you may have that are relevant to your problem.
- Your first visit will begin with a detailed history of the problem followed by a physical examination. Your Chartered Physiotherapist will also need to ask about your medical history and details of any medications you may be taking.
- For the physical examination you will probably need to expose the appropriate body part. If you have lower back pain or a lower limb injury you will need to wear shorts – please feel free to bring your own if you are more comfortable. If you have a neck or shoulder injury we will need to be able to examine these areas fully also.
- If you have a sports injury or foot problem, it may be appropriate for your Physiotherapist to look at your running/training shoes so bring them with you. You may also be asked to exercise on a treadmill or perform exercises in a gym setting so wear comfortable gym/training clothes.
- When visiting a Physiotherapist for a condition relating to women’s health you may be more comfortable if you ask your Physiotherapist what this assessment will involve when you are making your appointment as this may include an internal examination.
- Your Physiotherapist will discuss the assessment findings and agree a treatment plan with you. All assessment and treatment procedures will be done only with your consent.

If you have **any** queries relating to your visit or the assessment procedure, please contact your Chartered Physiotherapist prior to your appointment.